Constitution of the Northern Arizona Interscholastic Conference 2023-24

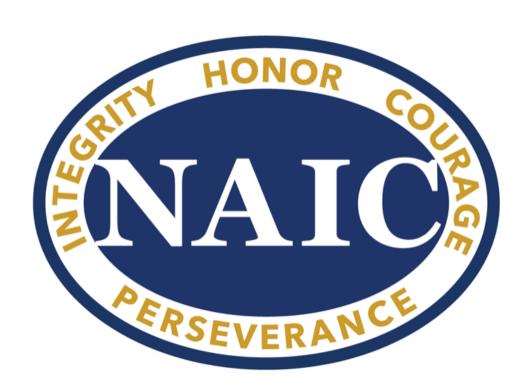


Table of Contents

•	Bylaw	VS	3
	0	Article I – Name, Offices and Purpose	3
	0	Article II – Membership	3
	0	Article III – Board of Directors	4
	0	Article IV – Notice	7
	0	Article V – Officers	7
	0	Article VI – Indemnification	9
	0	Article VII – Fiscal Year	9
	0	Article VIII – Seal	9
	0	Article IX - Contracts, Checks, Deposits, And Funds	10
	0	Article X – Books and Records	10
	0	Article XI – Amendments	11
•	Procee	dures	12
	0	Mission Statement	12
	0	Member Schools	12
	0	Officers	12
	0	Preface	13
	0	Article I – Name	13
	0	Article II – Membership	13
	0	Article III – Administration and Legislation	13
	0	Article IV – Local Management	15
	0	Article V – Coaches	15
	0	Article VI – Amendments	16
	Rules	and Bylaws of Contests	16
	110103	und Dyraws or Comcon	10

•	Sport	Specific Policies	21
	0	Cross Country	21
	0	Football	21
	0	Volleyball	23
	0	Wrestling	23
	0	Soccer	24
	0	Basketball	25
	0	Baseball	26
	0	Softball	28
	0	Track and Field	29
•	Divisi	ons and Regions	31
	Apper	ndix	32
	0	Division I Brackets	32
	0	Division II Brackets	42

BYLAWS OF THE NORTHERN ARIZONA INTERSCHOLASTIC CONFERENCE

REVISED October 12, 2023

ARTICLE I NAME, OFFICES AND PURPOSE

<u>Section 1. Name</u>. The name of this non-profit corporation shall be the Northern Arizona Interscholastic Conference (hereinafter "Corporation").

<u>Section 2. Offices</u>. The Corporation may have such offices, either within or without the State of Arizona, as may be designated from time to time by resolution of the Board of Directors, one of which may be designated as the principal office.

Physical Address: Northern Arizona Interscholastic Conference

814 Church Rock Rd. Kayenta, AZ 86033

Mailing Address: Northern Arizona Interscholastic Conference

P.O. Box 337 Kayenta, AZ 86033

Section 3. Registered Office and Registered Agent. The Corporation shall maintain a registered office and registered agent in the State of Arizona. The registered office may, but need not be, identical with the principal office of the Corporation. The identity and address of the registered agent may be changed from time to time by notifying the Arizona Corporation Commission pursuant to the provisions of the Arizona Nonprofit Corporation Act ("ANCA").

Section 4. Purpose and Principles. The Corporation is not organized for profit and no part of the net earnings of the Corporation shall inure to the members, directors, officers or other private persons. The purpose of this non-profit Corporation shall be the development and promotion of interscholastic activities and events for member schools in the Northern Arizona Interscholastic Conference. The Corporation finds that participation in interscholastic activities is beneficial to a complete educational program and shall endeavor to promote such activities equally. The Corporation is organized exclusively for charitable and educational purposes under Section 501(c)(3) of the Internal Revenue Code.

ARTICLE II MEMBERSHIP

<u>Section 1. No Membership Classes</u>. The Corporation shall have no members who have any right to vote or title or interests in the Corporation or its properties. Membership shall consist solely of the Board of Directors.

<u>Section 2. Membership in AA Conference North Region</u>. The Board of Directors shall be made up of one representative from each school in the Northern Arizona Interscholastic Conference ("NAIC"). Membership in the conference is determined solely by the NAIC.

ARTICLE III BOARD OF DIRECTORS

Section 1. General Powers and Duties. The affairs of the Corporation shall be managed by a Board of Directors. The Board of Directors shall be responsible for overall policy and direction of the Corporation. A Director's duties shall be discharged in good faith, with the care an ordinarily prudent person in a like position would exercise under similar circumstances and in a manner the Director reasonably believes to be in the best interests of the Corporation.

Section 2. Number and Term of Directors.

- (a) The number of Directors shall be determined by the number of schools in the Northern Arizona Interscholastic Conference. The principal of each school in the NAIC shall appoint one authorized representative to the Board of Directors for a term of 12 months. In the event of a vacancy from any cause, the representative school shall appoint another authorized representative.
- (b) No amendment of this section shall reduce the number of Directors to less than the number required by the ANCA, which at the time of adoption of these Bylaws is one (1).
- <u>Section 3. Resignation</u>. A Director may resign at any time by filing a written resignation with the President or the Secretary of the Corporation. Failure of a Director to attend four (4) consecutive meetings of the Board of Directors or one-half of the meetings in a calendar year, without good cause, may be deemed to be a resignation by the Board of Directors.
- <u>Section 4. Removal.</u> A Director may be removed from office with or without cause by a majority vote of the other Directors of this Corporation then in office either at a regular meeting or at any special meeting called for that purpose.
- <u>Section 5. Annual Meeting</u>. The annual meeting of the Board of Directors shall be held around the time of the NAIC Spring meeting each year, at such time and place as the Board of Directors may determine, for the purpose of transacting such business as may come before the meeting.
- <u>Section 6. Regular Meetings</u>. The Board of Directors will meet monthly from August to May at a school in the NAIC or other location as agreed upon by the Board of Directors. A schedule of meetings and locations shall be provided to all Directors in August.
- <u>Section 7. Special Meetings</u>. Special meetings of the Board of Directors may be held at any time and place for any purpose or purposes, unless otherwise prescribed by the ANCA, on call of the President or shall be called by the Secretary on the written request of any four (4) Directors.

Section 8. Meetings By Telephone or Other Communication Technology.

- (a) There is a preference for in-person meetings of the Board of Directors; however, Directors may participate in meetings by means of other technology in accordance with this Section.
- (b) Any or all Directors may participate in a regular or special meeting or in a committee meeting of the Board of Directors by, or conduct the meeting through the use of, telephone or any other means of communication by which either: (i) all participating Directors may simultaneously hear each other during the meeting or (ii) all communication during the meeting is immediately transmitted to each participating Director, and each participating Director is able to immediately send messages to all other participating Directors.
- (c) If a meeting will be conducted through the use of any means described in subsection (a), all participating Directors shall be informed that a meeting is taking place at which official business may be transacted. A Director participating in a meeting by any means described in subsection (a) is deemed to be present in person at the meeting.

Section 9. Notice and Waiver of Notice.

- (a) <u>Notice</u>. Notice of the date, time and place of any annual or special meeting shall be given by oral or written notice delivered personally to each Director at least twenty-four (24) hours prior thereto, or by written notice given by other than personal delivery at least forty-eight (48) hours prior thereto. Notice shall be given in one of the methods described in Article IV hereof. The purpose of and the business to be transacted at any special meeting of the Board of Directors need not be specified in the notice or waiver of notice of such meeting.
- (b) <u>Waiver of Notice</u>. Whenever any notice whatever is required to be given under the provisions of the ANCA or under the provisions of the Articles of Incorporation or Bylaws of the Corporation, a waiver thereof in writing, signed at any time by the person or persons entitled to such notice, shall be deemed equivalent to the giving of such notice. The attendance of a Director at a meeting shall constitute a waiver of notice of such meeting, except where a Director attends the meeting for the express purpose of objecting to the transaction of any business because the meeting is not lawfully called or convened.
- <u>Section 10. Quorum.</u> At least seven (10) Directors then in office shall constitute a quorum for the transaction of business at any meeting of the Board of Directors, but if less than such is present at a meeting, a majority of the Directors present may adjourn the meeting from time to time without further notice.
- <u>Section 11. Manner of Acting</u>. The act of a majority of the Directors present at a meeting at which a quorum is present shall be the act of the Board of Directors, unless the act of a greater number is required by the ANCA, or the Articles of Incorporation or Bylaws of the Corporation.

Section 12. Action by Written Consent of Directors. Any action required by the Articles of Incorporation or Bylaws of the Corporation, or any provision of the ANCA, to be taken at a meeting, or any other action which may be taken at a meeting, may be taken without a meeting if a consent in writing setting forth the action so taken shall be signed by all of the Directors entitled to vote with respect to the subject matter thereof. Such consent shall have the same force and effect as a vote of the Board of Directors taken at a meeting.

Section 13. Presumption of Assent. A Director of the Corporation who is present at a meeting of the Board of Directors, or a committee thereof, at which action on any corporate matter is taken shall be presumed to have assented to the action taken unless such Director's dissent shall be entered in the minutes of the meeting or unless such Director shall file a written dissent to such action with the person acting as the Secretary of the meeting before the adjournment thereof or shall forward such dissent by registered mail to the Secretary of the Corporation immediately after the adjournment of the meeting. Such right to dissent shall not apply to a Director who voted in favor of such action.

Section 14. Compensation.

Directors shall not be entitled to any compensation for their services as Directors or members of any committee of the Board of Directors, except that by resolution of the Board of Directors, a Director may be reimbursed for a reasonable expense or service necessary to carry out the exempt purposes of the Corporation.

Section 15. Committees.

The Board by resolution may create committees having such powers as are then permitted by the ANCA and as are specified in the resolution.

Section 16. Conflict of Interest.

- (a) Each Director shall disclose to the Board of Directors any duality of interest or possible conflict of interest whenever the duality or conflict pertains to a matter being considered by the Board.
- (b) Any Director having duality of interest or conflict of interest on any matter shall abstain from voting on the matter and shall not be counted in determining the quorum for the vote on the matter. In addition, he or she shall not use his or her personal influence on the matter but may briefly state his or her position on the matter and may answer pertinent questions from other Directors since his or her knowledge may be of great assistance.
- (c) The minutes of the meeting involving any such situation shall reflect that a disclosure was made, the abstention from voting, and the quorum situation.

- (d) If a Director is uncertain as to whether he or she has a duality or conflict of interest which requires abstention, or if a Director asserts that another Director has such a duality or conflict, the Board, by majority vote of those present other than the Director having the possible conflict, shall decide whether abstention is required. If abstention is required, the affected Director shall abstain from voting on the matter.
- (e) No purchase involving \$ 250.00 or more from any Director or any entity of which the Director is an officer, director, partner or owner shall be made without prior approval of the Board of Directors.

ARTICLE IV NOTICE

Notice of any regular, annual or special meeting of Directors, and any other notice required to be given under these Bylaws or the ANCA may be communicated in person, by telephone, telegraph, teletype, facsimile or other form of wire or wireless communication including electronic mail, or by mail or private carrier. Oral notice is effective when communicated. Written notice is effective at the earliest of the following:

- (a) When received.
- (b) When deposited in the U.S. mail, if mailed postpaid and correctly addressed.
- (c) On the date shown on the return receipt, if sent by registered or certified mail, return receipt requested, and the receipt is signed by or on behalf of the addressee.

ARTICLE V OFFICERS

- <u>Section 1. Number</u>. The principal officers of the Corporation shall be a President, a Vice President, Secretary, and a Treasurer, each of whom shall be elected by the Board of Directors. The same individual may simultaneously hold more than one office.
- Section 2. Election and Term of Office. The Officers of the Corporation shall be elected annually by the Board of Directors at the NAIC Spring meeting. If the election of officers shall not be held at such meeting, such election shall be held as soon thereafter as may be convenient. Each Officer shall hold office from the close of the annual meeting for a term of one year, or until a qualified successor is elected upon expiration of the term of that Officer, or until that Officer's death, or until that officer shall resign or shall have been removed in the manner hereinafter provided.
- Section 3. Resignation and Removal. An Officer may resign at any time by filing a written resignation with the President or Treasurer of the Corporation. Any Officer elected or appointed by the Board of Directors may be removed by the Board of Directors, whenever in its judgment the best interests of the Corporation will be served thereby, but such removal shall be without prejudice to the contract rights, if any, of the person so removed. Election or appointment shall not of itself create contract rights.

- <u>Section 4. Vacancies</u>. A vacancy in any office because of death, resignation, removal, disqualification or otherwise, may be filled by the Board of Directors for the unexpired portion of the term.
- <u>Section 5. Duties.</u> Officers elected or appointed by the Board of Directors shall have such powers and perform such duties as may from time to time be prescribed by resolution of the Board of Directors and, failing such resolution, shall have such powers and perform such duties as are normally incident to and incumbent upon their respective offices and as further detailed below.
- (a) <u>The President.</u> The President shall be the principal executive officer of the Corporation and, subject to the control of the Board of Directors, shall in general supervise and control all the business and affairs of the Corporation. The President shall, when present, preside at all meetings of the Board of Directors and ensure that all orders and resolutions of the Board of Directors are carried into effect. The President, and officers designated by the President, shall have the power and authority to execute all contracts on behalf of the Corporation, except where the execution thereof shall be expressly delegated by the Board of Directors to some other officer or agent of the Association. In general, the President shall perform all duties incident to that office, and such other duties as may be prescribed by the Board of Directors from time to time.
- (b) <u>The Vice President</u>. In the absence of the President, or in the event of the President's death, inability or refusal to act, the Vice President shall perform the duties of the President, and when so acting shall have all the powers of and be subject to all the restrictions upon the President. The Vice President shall perform such other duties as from time to time may be assigned by the President or by the Board of Directors.
- (c) <u>The Secretary</u>. The Secretary shall: (a) keep the minutes of the Board of Directors' meetings in one or more books provided for that purpose; (b) see that all notices are duly given in accordance with the provisions of these Bylaws or as required by the ANCA; (c) be custodian of the corporate records and of the seal of the Corporation if one is authorized by the Board of Directors, in which case the Secretary shall see that the seal of the Corporation is affixed to all documents the execution of which on behalf of the Corporation under its seal is duly authorized; and (d) in general perform all duties incident to the office of Secretary and such other duties as from time to time may be assigned by the President or by the Board of Directors.
- (d) The Treasurer. If required by the Board of Directors, the Treasurer shall give a bond for the faithful discharge of his or her duties in such sum and with such surety or sureties as the Board of Directors shall determine. The Treasurer shall: (a) have the oversight responsibility for all funds and securities of the Corporation, and for moneys due and payable to the Corporation from any source whatsoever, including the deposit of such moneys in the name of the Corporation in such banks, trust companies or other depositories as shall be selected in accordance with the provisions of these Bylaws; and (b) in general perform all of the duties incident to the office of Treasurer and such other duties as from time to time may be assigned by the President or by the Board of Directors.

- (e) Other Assistants and Acting Officers. The Board of Directors shall have the power to appoint any person to act as assistant to any Officer, or to perform the duties of such officer whenever for any reason it is impracticable for such officer to act personally, and such assistant or acting officer so appointed by the Board of Directors shall have the power to perform all the duties of the office to which such person is so appointed to be assistant, or as to which such person is so appointed to act, except as such power may otherwise be defined or restricted by the Board of Directors.
- (f) <u>Additional Officers</u>. Any additional officer not specified above shall have only such authority, duties and responsibilities as shall be specifically authorized and designated by the Board of Directors.
- (g) <u>Compensation</u>. Officers shall not be entitled to any compensation for their services as officers or members of any committee of the Board of Directors, except that by resolution of the Board of Directors, an officer may be reimbursed for a reasonable expense or service necessary to carry out the exempt purposes of the Corporation.

ARTICLE VI INDEMNIFICATION

<u>Section 1. Debts</u>. The Directors of the Corporation shall not be personally liable for the debts, liabilities, or obligations of the Corporation.

Section 2. Actions against Directors. The Corporation shall indemnify, to the fullest extent permitted by the Arizona Nonprofit Corporation Code, and if applicable, Section 4941 of the United States Internal Revenue Code of 1986, as amended, any individual made a party to a proceeding because such individual is or was a Director, against liability incurred in the proceeding, if such individual acted in a manner such individual believed in good faith to be or not opposed to the best interests of the Corporation and, in the case of any criminal proceeding, such individual had no reasonable cause to believe such individual's conduct was unlawful. For purposes of this Article, the terms "party," "proceeding," "director" and "liability" shall have the meanings given to them in the provisions of the Arizona Nonprofit Corporation Code which governs the indemnification of officers.

ARTICLE VII FISCAL YEAR

The fiscal year of the Corporation shall start on July 1 and end on the last day of June in each year.

ARTICLE VIII SEAL

The Corporation has no corporate seal. The Board of Directors may provide a corporate seal and prescribe the form thereof.

ARTICLE IX CONTRACTS, CHECKS, DEPOSITS, AND FUNDS

<u>Section 1. Contracts</u>. The Board may authorize an Officer or Officers, agent or agents of the Corporation, in addition to the Officers so authorized by these Bylaws, to enter into any contract or execute and deliver any instrument in the name of and on behalf of the Corporation, and such authority may be general or confined to specific instances.

Section 2. Checks, Drafts, Etc. All checks, drafts, or other orders for the payment of money, notes, or other evidences of indebtedness issued in the name of the Corporation shall be signed by such Officer or Officers, agent or agents of the Corporation and in such manner as shall bet determined from time to time by the Board of Directors. In the absence of such determination by the Board, such instruments shall be signed by the Treasurer and countersigned by the President or Vice President of the Corporation.

<u>Section 3. Deposits</u>. All funds of the Corporation, not otherwise employed, shall be deposited from time to time to the credit of the Corporation in such banks, investment firms or other depositories as the Board of Directors may select.

<u>Section 4. Loans</u>. No moneys shall be borrowed on behalf of the Corporation and no evidences of such indebtedness shall be issued in its name unless authorized by a resolution of the Board of Directors. Such authority may be general or confined to specific instances.

Section 5. Gifts. The Board of Directors may accept on behalf of the Corporation any contribution, gift, bequest, or device for the general purposes or for any special purpose of the Corporation. The Board may adopt any convenient means whereby gifts, donations, bequests and devices from the Northern Arizona Interscholastic Conference schools and others, to be used, in furthering the activities and objects of the Corporation, may be received, held, administered and disposed of.

Section 6. Dissolution of the Association. Upon dissolution of the Corporation, the Board of Directors shall, after paying or making provision for the payment of all of the liabilities of the Corporation, dispose of all of the assets of the Corporation by distributing such assets equally to the athletic departments of the NAIC schools; provided such distribution is in compliance with Section 501(c) of the Internal Revenue Code of 1986, as amended (or the corresponding provision of any future United States Internal Revenue law).

ARTICLE X BOOKS AND RECORDS

The Corporation shall keep correct and complete books and records of accounts and shall also keep minutes of the proceedings of the Board and committees having any authority of the Board. All books and records of the Corporation may be inspected by any Director for any proper purpose at any reasonable time.

ARTICLE XI AMENDMENTS

These Bylaws shall be reviewed periodically by the Board of Directors to assure continued compliance with relevant laws and regulations and the needs of the Corporation. The Bylaws may be amended when necessary by a two-third majority vote of the Board of Directors.

PROCEDURES OF THE NORTHERN ARIZONA INTERSCHOLASTIC CONFERENCE

REVISED October 12, 2023

Mission Statement

We, the members of the Northern Arizona Interscholastic Conference, in order to develop a spirit of healthy competition, goodwill, and fellowship in our students; to teach the fundamentals of the individual sport; to establish an efficient system of cooperation in the athletic program of all member schools; to develop teamwork, sportsmanship, a safe athletic environment, citizenship, and character-building in our students; to enhance the academic program do hereby create, adopt, and defend this constitution.

In order to accomplish this mission, we hereby adopt the following goals:

- 1. League coaches will make every effort to play every uniformed participant.
- 2. Each league school will encourage maximum participation by all eligible students in their school.
- 3. All league schools will encourage high academic performance by enforcing grade check policies of each respective school.

It is the responsibility of each school to adhere to the NAIC Constitution and Bylaws.

2023-2024 MEMBER SCHOOLS

Chinle Jr. High School Red Mesa Jr. High School Dennehotso Boarding School **Rock Point Community School** St. Michael Indian School Ganado Middle School Sanders Middle School Hopi Jr. High School **Kayenta Boarding School** Shonto Preparatory School Baker Middle School Tonalea Day School Tsehootsooi Middle School Kaibeto Boarding School Naa'tsis'aan Community School **Tuba City Boarding School** Page Middle School Tuba City Jr. High School Pinon Accelerated Middle School

2023-24 OFFICERS

President April Clairmont Tuba City Jr. High School VP/Secretary Ricky Greer Hopi Jr. High School Treasurer Stephen Young Baker Middle School

PREFACE

The goal of the printed constitution, bylaws, procedures, and the sports specific policies, plus the conference minutes involves keeping all responsible parties informed.

ARTICLE I

The name of the conference shall be the "Northern Arizona Interscholastic Conference." The abbreviation of this name is understood to be "NAIC," a nonprofit organization.

ARTICLE II Membership

- Section I Full membership in the NAIC shall be open to all junior high/middle schools of the area, provided they meet the requirements of the conference, subscribe to its rules and regulations, and be voted in by the NAIC members.
- Section II Dues shall be inclusive of all sports in which a school participates. The amount of the dues will be determined at the last conference meeting of the school year. Annual dues shall be invoiced/paid by the conclusion of the fall sports regular season. (Reference Article III Section III)
- Section III The league will be divided into division based on the size/enrollment of the school and placed in divisions at the request of the school and voted on by the membership.
- Section IV The league will be divided into east and west regions for the purpose of seeding for conference playoff tournaments.

ARTICLE III Administration and Legislation

Section I The Board of Control (Conference Members) shall have the following powers and duties:

- a. It shall determine penalties and forfeitures for violators of these rules and bylaws of the NAIC.
- b. It shall give interpretations of rules and bylaws of the NAIC.
- c. It shall decide all protests brought before it with reference to qualifications of contestants.

Section II Officers

- a. Officers of the conference shall be president, vice-president/secretary, and treasurer.
- b. NAIC Officers will be elected by a majority vote of the conference member schools.
- c. The president of the conference (or in his/her absence, the vice-president/secretary) will conduct all duly called meetings as prescribed in "Roberts' Rules of Order."
- d. An election for all officer positions shall be held at the final meeting of the school year or at the initial meeting of the ensuing school year.

Section III Finances

- a. NAIC will open/maintain a commercial bank account in the local area.
- b. The Treasurer has sole authority in establishing the conference bank account along with signing for and updating the account. The treasurer also makes deposits and pay bills by check and/or electronic debit. The President may also be on the bank account and perform the same duties in the absence of the Treasurer.
- c. Only one officer's signature is needed for each check.
- d. A financial report will be made at each meeting.
- e. Each school will pay a \$100.00 annual membership due, plus, a \$50.00 per varsity sport, participation fee.

Section IV Voting

- a. One vote per member school.
- b. Each member school will have an individual representative present at the meeting to cast their vote.
- c. For each sport, votes will be determined according to school paid participation according to paid annual membership fees. Nonpayment of membership fees will result in non-participation in the post season.

Section V Awards

- a. NAIC All sports will receive banners for championship and runner-up. Medals/Shirts will be distributed as follows:
 - i. Championship teams will receive long sleeve shirts
 - ii. Runner-up teams will receive short sleeve shirts
 - 20 t-shirts Volleyball, Co-ed Soccer, & Basketball
 - 25 t-shirts Baseball & Softball
 - 40 t-shirts Football
 - 25 team t-shirts/25 individual medals
 - o Wrestling Weight Classes (1st 3rd place medals)
 - 25 team t-shirts/25 individual medals
 - Events Track (1st 3rd place medals)
 - 15 team t-shirts/15 individual medals
 - Cross Country (top finishers)
- b. Awards will be ordered prior to the start of that season. Standardized banners will be used.

ARTICLE IV Local Management

Section I

The principal or representative of each member school, shall be the authorized representative of the member of the member school and is responsible to the NAIC for the conduct of their school's athletic program.

ARTICLE V Coaches

Section I Coaches/staff will demonstrate fair play and promote sportsmanship at all times.

Section II Coaches/staff are responsible for the actions of their players/self at all times.

Section III It is strongly encouraged that all uniformed participants play in all contests.

Section IV Training of coaches in rules and regulations for each sport is highly recommended.

Section V Any unsportsmanlike behavior on the part of a coach may result in sanctions imposed by the conference. (Guidance from Arizona Interscholastic Association Rules and Bylaws. AIA refers to the Arizona Interscholastic Association, hereafter to be referred to as AIA.)

V.I Completion of Contest- Ejection of Coach

V.I.I In the occurrence that a head coach is ejected from a contest, a properly constituted school administrator or assistant coach shall direct and supervise the team during the remainder of the contest. If a properly constituted school administrator or assistant coach is <u>not</u> available to direct the team, the official and host site athletic director shall declare a contest a forfeit.

V.I.I.I The ejected coach must immediately vacate the premises.

V.IV Premises are defined as the total area of contest and spectators. The ejected coach may not remain at the contest to watch.

Section VI All coaches, prior to coaching, must complete the following:

- "Concussion in Sports What You Need To Know" course, available at nfhslearn.com.
- CPR/First Aide certification

It is highly recommended that coaches complete the following NFHS Courses:

- Sport Specific
- Fundamentals of Coaching Course
- Performance Enhancing Drugs/Understanding Vaping and E-Cigarettes
- Bullying, Hazing and Inappropriate Behaviors

Certificates are to be kept on file with each school's respective athletic director's office.

ARTICLE VI Amendments

Section I The conference may amend the constitution at any conference meeting during the school year. Such amendments shall be required to have a majority of the membership in agreement, by vote.

RULES AND BYLAWS OF CONTESTS

- Rule 1. All games, meets, and tournaments shall be played with the sanctions of the school principal or designee.
- Rule 2. Principals (or their designee), athletic directors, and coaches of the host school are in complete charge of all the contests and will exercise proper measure to control the crowd and the players.
- Rule 3. In all contests, decisions of the officials are final.
- Rule 4. Only pupils enrolled in grades 6th, 7th, and 8th are considered junior high/middle school pupils. Any other elementary grade students are eligible at the school's discretion. Home school and online students are allowed per district policy.
- Rule 5. All participants must be officially enrolled in school for which they are playing, and must meet the eight (8) day enrollment and eight (8) day practice requirement per quarter. This applies when a student begins their participation for the school year or if he/she did not compete in the previous quarter. With the exception of football, see sport specific section regarding heat acclimatization protocol.
- Rule 6. Age Limit: If a student becomes 15 years of age on/after September 1, he/she is eligible to compete for the remainder of the school year. If he/she becomes 15 years of age prior to September 1, he/she is ineligible for the remainder of the school year.
- Rule 7. Acceptable record of birth: C.I.B., birth certificate, or a family card shall be submitted to the school before a student's name is placed on the eligibility roster for participation.
- Rule 8. All conference schools are to honor scheduled contests. If a mutual agreement by respective athletic directors is not reached by the date of the contest, it will be considered a forfeit by the team breaking the schedule, except in the case of inclement weather or school emergency.

- Rule 9. Each host school will provide officials.
 - a. For volleyball, basketball, softball & baseball, it is recommended that at least one (1) AIA Certified Official.
 - b. For football, there shall be at least three (3) officials, two (2) of which it is recommended be AIA certified. It is recommended that the Lead Official "White Hat" is AIA certified.
 - c. Suggested payment for officials are as follows:

Certification	Game official
AIA Certified	\$45.00/game
Non-AIA Certified	\$35.00/game

- d. For all NAIC tournament games, AIA Officials are recommended be used for all team sports. Payment shall be \$50 per game.
- e. If the hosting school elects to pay mileage, the following amounts are suggested per round trip:

Round Trip Miles	Rate
0 - 10 miles	\$0
11 - 50 miles	\$30.00
51 - 100 miles	\$45.00
101+ miles	\$60.00

- f. At the beginning of every school year, a listing of AIA Certified Officials shall be obtained from the local AIA Area Commissioner.
- g. Should the host school not obtain the recommended amount of AIA Officials per contest, it shall immediately notify the visiting school's athletic director.
- Rule 10. Each conference school will make a valid attempt to participate in all conference sports events, both boy's and girl's. The events are:
 - a. Quarter 1
 - i. Football
 - ii. Girls Cross Country
 - iii. Boys Cross Country
 - b. Quarter 2
 - i. Soccer
 - ii. Volleyball
 - iii. Wrestling
 - c. Quarter 3
 - i. Girls Basketball
 - ii. Boys Basketball

- d. Ouarter 4
 - i. Baseball
 - ii. Softball
 - iii. Girls Track & Field
 - iv. Boys Track & Field
- Rule 11. Conference standings will be ascertained prior to the final conference tournament or meet.

 All games need to be completed prior to the seeding mtg. The seeding meeting is TBD by the conference membership. Ties will be broken in the following order:
 - i. Region Record
 - ii. Head-To-Head Competition
 - iii. Coin Toss
- Rule 12. All home jerseys will be light, in color, and all visiting team jerseys will be dark, in color, excluding football. If a school cannot meet this rule, it is that school's responsibility to notify the other team(s) so that a conflict will not result.
- Rule 13. Jersey Components
 - a. All jerseys shall have identifiable numbers, worn in an appropriate manner, as determined by the lead official.
 - b. Non-compliance to Rule 13a will result in a forfeit.
 - c. Does not apply to Cross Country, Wrestling and Track.
 - a. Relay teams must wear the same uniform
- Rule 14. If an ineligible student plays in a contest, his/her team will forfeit the game(s)/meet(s) in which he/she participated in.
- Rule 15. A yearly physical screening by a certified medical practitioner is required.
 - a. All student-athlete's parent/guardian are required to sign the Mild Traumatic Brain Injury (MTBI)/Concussion Statement and Acknowledgement forms, provided through the AIA website, (aiaonline.org).
 - b. It is recommended that all student-athletes complete the Brainbook Concussion Education and Opioid Education courses on the AIA Academy website: www.academy.azpreps365.com
- Rule 16. Each participant will have a signed parental consent and emergency medical release form available at all events.
- Rule 17. Each participant must have a signed consent to treat form.

Rule 18. Conference Tournaments:

- a. Conference tournament brackets will be formatted as single-elimination brackets.
- b. The NAIC Football Championships
 - i. The bracket will be made up of the top three teams of the east and the top three teams from the west regions.
 - ii. The number (1) seeds from the east and west regions receive first round byes.
 - iii. The brackets will be set up where the number one (1) seed from the east will play the winner of the number two (2) seed from the west and number (3) seed from the east regions.
 - iv. The number (1) seed from the west will play the winner of the number two (2) seed from the east and the number (3) seed from the west regions.
 - v. Winners of those two games will meet for the NAIC Championship.
 - vi. The first two rounds will be played at the higher seed. The championship game will be played at a site determined by the membership.
- c. The NAIC Volleyball, Co-ed Soccer, Basketball, Softball, and Baseball Championships.
 - i. Each team is seeded according to record within its assigned region
 - ii. If a school is in a championship game and played just prior to the championship game, there shall be a 30-minute break between games.
 - iii. NAIC championship bracket play will be at sites determined by the membership.
 - iv. The NAIC Softball and Baseball Championship Tournament games shall be limited to five (5) innings or one-and-a-half-hour time limit.
 - i. No inning shall begin after the one-and-a-half-hour time limit, unless there is a tie.
 - ii. No inning shall remain incomplete.
 - iii. Ten-run rule will be in effect after 4 innings or 3 ½ inning when the home team is leading in score.
 - iv. No NAIC Tournament games shall end in a tie, therefore extra innings will continue until a winner is determined.
- d. The NAIC Wrestling Championships
 - i. The following weight classes will be used 68, 73, 78, 83, 88, 93, 98, 104, 111, 118, 125, 133, 142, 154, 167, 180, 198, 215, & HWT (<260).
 - ii. The first two weight classes, 68 and 73 will not be factored in for team scoring but are allowed to compete for individual medals.

- e. The NAIC will pay for a maximum of four (4) game workers per site (Ticket Taker/Admission, Scorekeeper, Clock Operator, etc.) at a rate of \$20 dollars per hour for NAIC tournament play and championships. Host schools will pay for any additional workers.
 - i. \$40.00 per hour Certified QMP/Athletic Trainer
 - ii. \$30.00 per hour Certified First-Aid Responder
 - iii. \$250 per day Tourney Director (championship round)
 - iv. \$150 per day Tourney Director (pod play round & any football round)
- f. All tournament revenues will be retained by NAIC.
- Rule 19. If an official determines that a coach or player has acted in an unsportsmanlike manner before, during or after the contest, the coach or player will be ordered to leave the contest.
 - a. Ejection of a player or a coach from a contest
 - i. First Ejection Ineligible for the next contest at that level of competition and all other contests during that interim at any level. Any individual ejected from a contest shall not participate the remainder of that day.
 - ii. Second Ejection Ineligible for the next two contests at that level of competition and all other contests during that interim at any level. Any individual ejected from a contest shall not participate the remainder of that day.
 - iii. Third Ejection by the same individual during the same season will result in cessation of the season.

Sport Specific Policies

QUARTER ONE SPORTS

Boy's and Girl's Cross-Country

- 1. National Federation Rules, will govern all cross-country meets with the exception of modified rules listed below.
- 2. Course distances shall range from 1.8 to 2.4 miles for both girls and boys.
- 3. The course shall be clearly marked.
- 4. Prior to varsity level races, seven (7) runners per school must be registered, designated, and marked as "official" contestants. Runners cannot compete in a JV race and a varsity race on the same day.
- 5. Ten (10) competitive events per season will be the limit. Post-season (conference, regional and state events) shall be excluded in this calculation.
- 6. Only the top 7 runners per school will be used to generate team scores and determine the NAIC Team Champion. A minimum of 5 runners per school must complete the race to qualify for a team score.

Football

- 1. National Federation Rules will govern all games with the exception of modified rules listed below.
- 2. Youth size footballs shall be used in all games.
- 3. Regulation football equipment shall be used. A helmet must be worn at all times while on the playing field. Home jerseys shall be dark in color, and visiting jerseys shall be light in color.
- 4. Varsity and JV games shall be eight (8) minute quarters with a ten (10) minute halftime.
- 5. A coin toss will determine possession and side of field in overtime.

NFHS Rules

- i. One side of the field will be used for overtime.
- ii. Each team will alternate possessions for overtime.
- iii. Each team will possess the ball at the 10-yard-line for a first and 10.
- 6. There is no maximum number of players per team but each player must be properly equipped.
- 7. Eight (8) games per season shall be the limit.

- 8. Heat Acclimatization Protocol (A team may not choose to train in a less severe climate) Days 1-5:
 - Days 1 through 5 of the heat-acclimatization period consist of the first 5 days of formal practice. During this time, athletes may not participate in more than 1 practice per day.
 - If a practice is interrupted by inclement weather or heat restrictions, the practice should recommence once conditions are deemed safe. Total practice time should not exceed 3 hours in any 1 day. In addition to practice, a 1-hour maximum walk-through is permitted during days 1-5 of the heat acclimatization period. However, a 3-hour recovery period should be inserted between the practice and walk0through (or vice versa). (Note: a walk-through is defined as no contact with other individuals, dummies, sleds or shields).
 - During days 1-3 of the heat-acclimatization period, in sports requiring helmets or shoulder pads, a helmet is the only protective equipment permitted. The use of shields and dummies during this time is permissible as a non-contact teaching tool.
 - During days 4-6, only helmets and shoulder pads may be worn.
 - Football only: on days 4-6, contact with blocking sleds and tackling dummies may be initiated.

Days 6-14:

- Beginning no earlier than day 6 and continuing through day 14, double-practice days must be followed by a single-practice day.
- On single-practice days, 1 walk-through is permitted, separated from the practice by at least 3 hours of continuous rest. When a double-practice day is followed by a rest day, another double-practice day is permitted after the rest day.
- On a double-practice day, neither practice should exceed 3 hours in duration, nor should student-athletes participate in more than 5 total hours of practice. Warm-up, stretching, cool-down, walkthrough, conditioning and weight-room activities are included as part of practice time. The two practices should be separated by at least 3 continuous hours in a cool environment.
- Beginning on day 7, all protective equipment may be worn and full contact may begin. Full-contact sports may begin 100% live contact drills no earlier than day 7.
- Because the risk of exertional heat illnesses during the preseason heat-acclimatization period
 is high, we strongly recommend that an athletic trainer be on site before, during and after all
 practices.

QUARTER TWO SPORTS

Girl's Volleyball

- 1. National Federation Rules, will govern all games with the exception of modified rules listed below.
- 2. The format of a match will be, best of three, with rally scoring (25, 25 & 15).
- 3. The libero position will not be used in NAIC games or postseason tournaments.
- 4. Fifteen (15) games per season will be the limit. Tournaments (excluding conference, regional and state tournaments) will count as one game.

Wrestling

- 1. National Federation Rules will govern all wrestling contests with the exception of modified rules listed below.
- 2. The length of periods for all meets will not exceed, excluding overtime:

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1<sup>st</sup> period – 2 minutes
2<sup>nd</sup> period – 2 minutes
3<sup>rd</sup> period – 2 minutes
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- 3. The following weight classes will be used for the NAIC Tournament 68, 73, 78, 83, 88, 93, 98, 104, 111, 118, 125, 133, 142, 154, 167, 180, 198, 215, & HWT (<260). The first two weight classes, 68 and 73 will not be factored in for team scoring but are allowed to compete for an individual medal.
- 4. Wrestling shoes should be worn.
- 5. In order to qualify for the conference tournament, a wrestler must have competed at/or below the desired weight in at least half of his/her matches prior to the conference tournament.
- 6. Hair longer than collar length must be braided or in a legal hair control device. If a hair cover is used, the hair cover must be of a solid material, non-abrasive and shall be attached to the ear guards. Additionally, physical hair treatments/control items that present a risk to either wrestler due to the hardness, texture (sharpness) or abrasiveness and should not be allowed.
- 7. The first match will certify the contestant's weight. The wrestler may drop one weight class after his/her weight is certified. He/she may go up two weight classes after his/her weight is certified.
- 8. Ten (10) competitive events per season will be the limit (duals/multi/quads). Post-season (Conference, Regional, and State Tournaments) shall be excluded in this calculation.

9. For the conference meet, a school can register an unlimited number of wrestlers per weight class. A school must be designate one (1) wrestler per weight class as "official" before the start of the meet. It is recommended the designations occur during the seeding meeting. The "official" wrestler is the only team member within a weight class that can earn points towards the team score.

Co-ed Soccer

- 1. National Federation Rules, will govern all games with the exception of modified rules listed below.
- 2. Length of halves will be thirty (30) minutes for JV and varsity matches.
- 3. A complete team consists of eleven (11) players including one (1) goalie and ten (10) individuals compiling the three (3) field positions. At no time, should a team be made up of more than six (6) male players.
- 4. A team must have a minimum of nine (9) players in order to play the game. Teams with less than nine (9) available players results in a forfeit. Exception: If a team drops below nine (9) available players during the second half of a match and they are losing, the game will stop and the score at that time becomes final.
- 5. A team can make unlimited substitutions throughout the match. The official must be made aware of all substitutions. All substitutions must enter the field at the center line.
- 6. Head balls are allowed.
- 7. All varsity matches should not end in a tie. In cases of a tie following regulation, up to two (2) five minute periods should be utilized. If the match remains tied following the extra periods, a minimum five (5) kick shootout will be used.
- 8. Fifteen (15) games per season will be the limit. Tournaments (excluding conference, regional and state tournaments) will count as one game.

QUARTER THREE SPORTS

Boy's and Girl's Basketball

- 1. National Federation Rules, will govern all games with the exception of modified rules listed below.
- 2. Length of quarters will be six (6) minutes for both JV and varsity games.
- 3. There will be a 25-point speed up rule in effect for all NAIC basketball games. After halftime running clock, stops at timeouts. In the last minute of the fourth quarter, clock will resume normal timing.
- 4. Fifteen (15) games will be the limit per season. Tournaments (excluding conference, regional and state tournaments) will count as one game.

QUARTER FOUR SPORTS

Baseball

- 1. National Federation Rules, will govern all games with the exception of modified rules listed below.
- 2. Required pitching distance shall be as outlined by the NFHS rules.
- 3. A single regulation game will last six (6) innings or the completion of the inning in a 1 ½ hour time limit for varsity games and a one (1) hour time limit for JV, whichever occurs first. This is not a drop-dead rule. The inning being played should be completed before the time limit goes into effect. A double header will use the same time limits.
- 4. Game shorteners that will be in effect for all games:
 - a. Ten-run rule will be in effect after 4 innings or 3 ½ inning when the home team is leading in score.
 - b. If the game is "called" (ex: weather, darkness) after an inning has begun, the final score is the game score at the end of the last completed inning, if three (3) innings have been played.
 - c. After a team has scored six (6) runs on offense in an inning, the fielding team will then bat.
 - i. All base runners that score on the final play of the offense count as runs (i.e. if five runs have scored, the bases are loaded and a homerun is hit, all four (4) runs count in addition to the five (5) prior runs).
- 5. All batters, base runners, base coaches, and on-deck batters are required to wear helmets with extended earflaps that cover the ears and temples, with padding on the inside. The catcher will be required to wear a head protector, throat protector, chest protestor, leg guards and protective cup. Protective cups, fielder's masks, and mouthpieces are recommended for all field positions.
- 6. Metal cleats are prohibited!
- 7. No varsity game shall end in a tie.
- 8. Fifteen (15) games per season will be the limit. Tournaments (excluding conference, regional, and state tournaments) will count as one "game".
- 9. The following shall be observed in regards to pitch count restrictions. Any live pitch thrown during an inning counts as an inning pitched. (Warm up pitches will not count.)

10. Pitch count shall be tracked via the NAIC Form or Game Changer.

Number of pitches thrown	Number of days rest required		
1-20	No days rest are		
21-35	One (1) day rest required		
36-50	Two (2) days rest required		
51-65	Three (3) days rest required		
66+	Four (4) Days rest required		
No pitcher shall throw more than 95	Pitcher must not finish the at bat		

Softball

- 1. National Federation Rules will govern all games with the exception of modified rules listed below.
- 2. Required pitching distance shall be as outlined by NFHS rules.
- 3. A single regulation game will last six (6) innings or the completion of the inning in a 1 ½ hour time limit for varsity games and a 1-hour time limit for JV, whichever occurs first. This is not a drop-dead rule. The inning being played should be completed before the time limit goes into effect. A double header will use the same time limits.
- 4. Game shorteners that will be in effect for all games:
 - a. Ten-run rule will be in effect after 4 innings or 3 ½ inning when the home team is leading in score.
 - b. If the game is "called" (ex: weather, darkness) after an inning has begun, the final score is the game score at the end of the last completed inning, if three (3) innings have been played.
 - c. After a team has scored six (6) runs on offense in an inning, the fielding team will then bat.
 - i. All base runners that score on the final play of the offense count as runs (i.e. if five runs have scored, the bases are loaded and a homerun is hit, all four (4) runs count in addition to the five (5) prior runs).
- 5. All batters, base runners, base coaches, and on-deck batters are required to wear helmets with extended earflaps and face masks that cover the ears and temples, with padding on the inside. The catcher will be required to wear a head protector, throat protector, chest protestor, leg guards and protective cup. Protective cups, fielder's masks, and mouthpieces are recommended for all field positions.
- 6. Metal cleats are prohibited!
- 7. No varsity game shall end in a tie.
- 8. Fifteen (15) games will be the limit per season. Tournaments (excluding conference, regional, and state tournaments) will count as one "game". After competing in two tournaments, each tournament game thereafter will count as one "game."

Boy's and Girl's Track and Field

1. It is recommended that track meets utilize the list of Order of Events for running/field events:

<u>Girls</u>		Boys	
A.	Discus (1.0 kg)	A.	Shot Put (8 lbs.)
B.	Shot Put (6 lbs.)	B.	Discus (1.6 kg)
C.	Long Jump	C.	High Jump (1 st at 4')
D.	High Jump (1 st at 3' 6")	D.	Long Jump
E.	4 X 800 m Relay	E.	4 X 800 m Relay
F.	100 m Hurdles (30")	F.	100 m Hurdles (30')
G.	100 m dash	G.	100 m dash
H.	1600 m run	H.	1600 m run
I.	4 X 100 m Relay	I.	4 X 100 m Relay
J.	400 m dash	J.	400 m dash
K.	800 m run	K.	800 m run
L.	200 m dash	L.	200 m dash
M.	3200 m run	M.	3200 m run
N.	4 X 400 m Relay	N.	4 X 400 m Relay

2. General rules for NAIC Track Meets:

- A. Meet organization/procedures shall be governed by the rules outlined by the current National Federation Rules or Track and Field Rule and Records, with the exception of changes listed.
- B. Contestants may enter up to four events (including relays and field events) in a track meet.
- C. Ten (10) competitive meets per season shall be the limit. Post-season (conference, regional, and state meets) shall be excluded in this calculation.
- 3. Guidelines for NAIC Track and Field Meets:
 - A. Spikes shall not exceed 1/8" or 1/4" on all-weather tracks.
 - B. All times shall be clocked with digital timers.
 - C. Discus Specifications:

Material: Discus can be made of rubber, metal alloy, wood, or plastic.

Weight: Girls: 1.0 kg/2.2 lbs. Boys: 1.6 kg/3.5 lbs.

Diameter: Girls: 180-189 mm Boys: 180-189 mm

Thickness: Girls: 37 - 39 mm Boys: 40 - 42 mm

- 4. Conference Meet All throwers will use a discus and shot put provided by the host site/school.
- 5. Conference Meet Schools are allowed unlimited participants per event along with multiple relay teams per school. General Track Rule 2-B still applies:
 - a. Contestants may enter up to four events (including relays and field events) in the conference meet.
 - b. Contestant must have a qualifying time/mark in order to be entered into that event.

Divisions/Regions

1. Football

East Region West Region

Chinle Baker
Ganado Page
Hopi Red Mesa
Pinon Rock Point

Sanders Tuba City Boarding Tsehootsooi Tuba City Jr. High

2. Volleyball, Basketball, Softball & Baseball

a. Division I

East RegionWest RegionChinleBaker

Ganado Page Hopi Red Mesa Pinon Rock Point

St. Michael Sanders
Tuba City Boarding
Tsehootsooi
Tuba City Jr. High

b. Division II

Dennehotso

Kaibeto

Kayenta Boarding

Naa'tsis'aan

Shonto

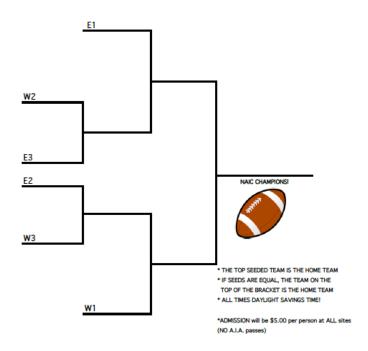
Tonalea

- 3. Cross country, wrestling, and track and field are all individual sports where all schools will compete in one post-season meet.
- 4. Co-ed soccer is an emerging sport where all schools may compete in one region.

Appendix

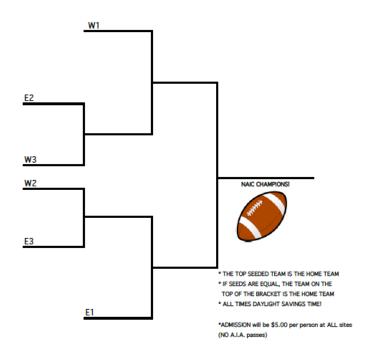
Even Year Football Bracket

NORTHERN ÁRIZONA INTERSCHOLASTIC CONFERENCE FOOTBALL CHAMPIONSHIP



Odd Year Football Bracket

NORTHERN ÁRIZONA INTERSCHOLASTIC CONFERENCE FOOTBALL CHAMPIONSHIP



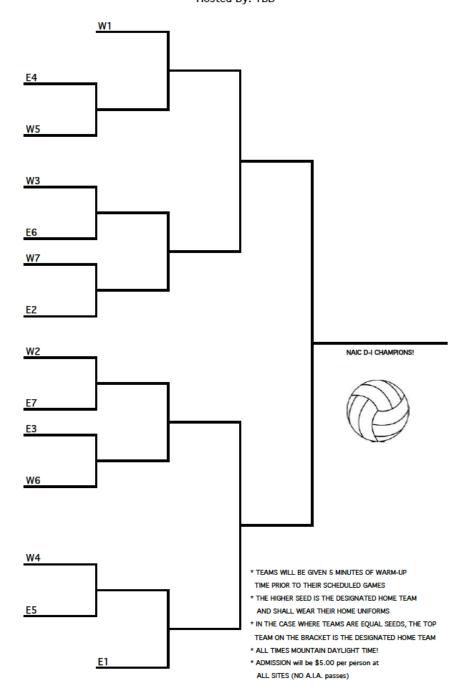
Even Year Division I Volleyball Bracket



E1 W4 E5 E3 W6 E7 W2 E2 NAIC D-I CHAMPIONSI **W7** W3 E6 E4 * TEAMS WILL BE GIVEN 5 MINUTES OF WARM-UP TIME PRIOR TO THEIR SCHEDULED GAMES * THE HIGHER SEED IS THE DESIGNATED HOME TEAM W5 AND SHALL WEAR THEIR HOME UNIFORMS * IN THE CASE WHERE TEAMS ARE EQUAL SEEDS, THE TOP TEAM ON THE BRACKET IS THE DESIGNATED HOME TEAM * ALL TIMES MOUNTAIN DAYLIGHT TIME! W1 * ADMISSION will be \$5.00 per person at ALL SITES (NO A.I.A. passes)

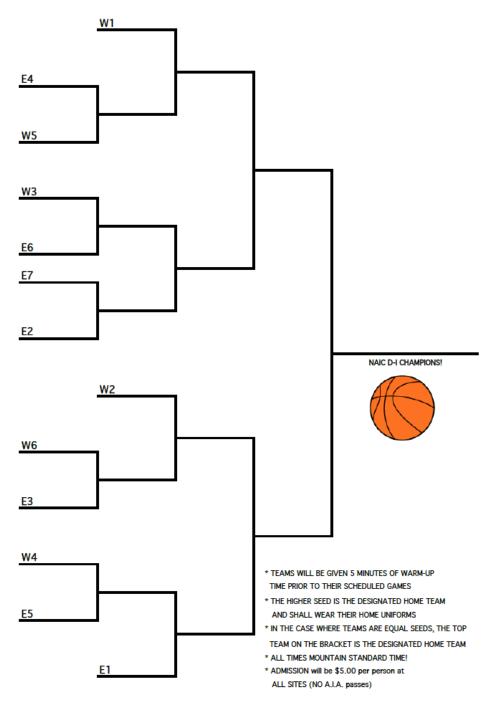
Odd Year Division I Volleyball Bracket





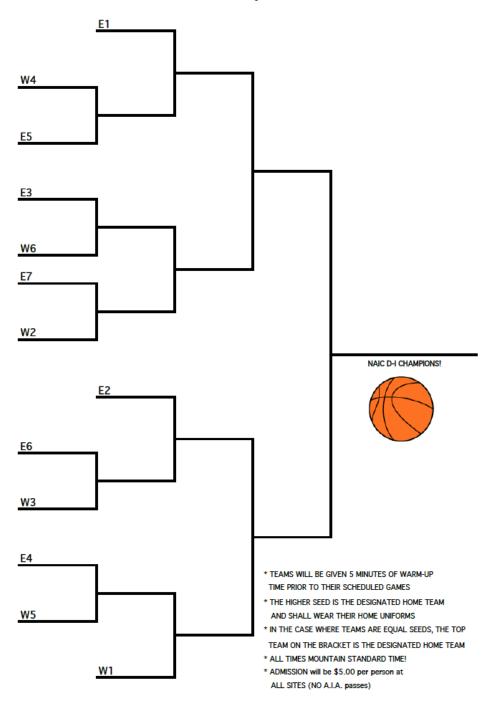
Even Year Division I Basketball Bracket





Odd Year Division I Basketball Bracket

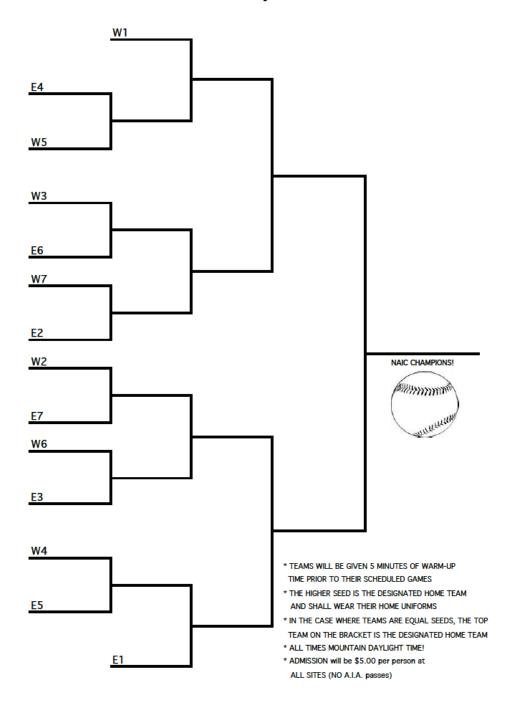




Even Year Baseball Bracket



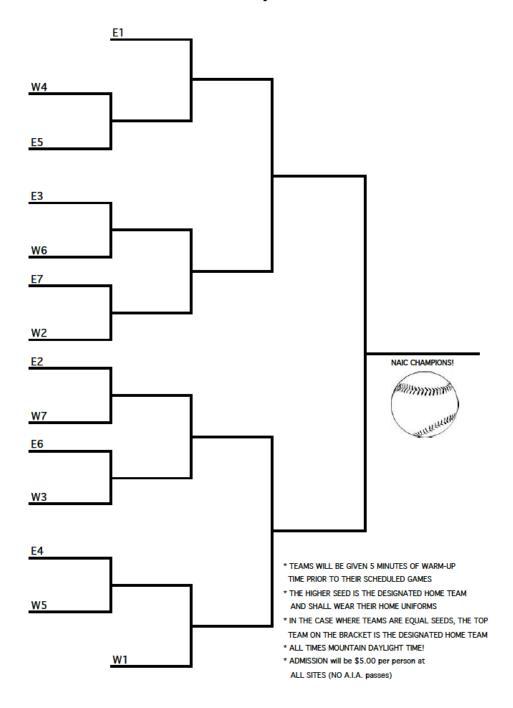
NORTHERN ARIZONA INTERSCHOLASTIC CONFERENCE BASEBALL CHAMPIONSHIPS



Odd Year Baseball Bracket



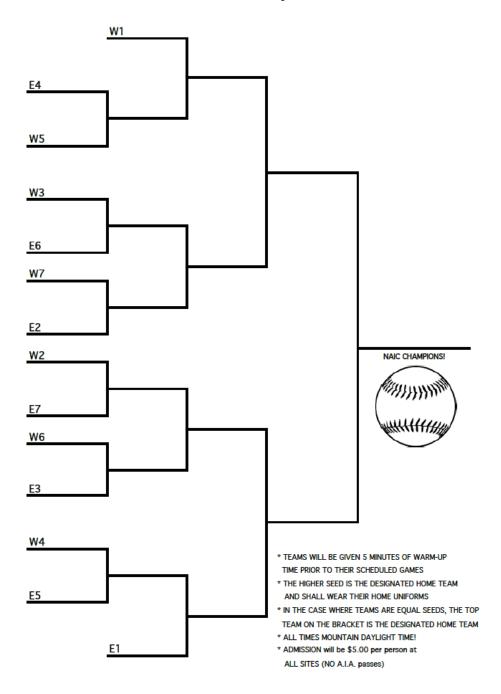
Northern Arizona Interscholastic Conference Baseball Championships



Even Year Softball Bracket



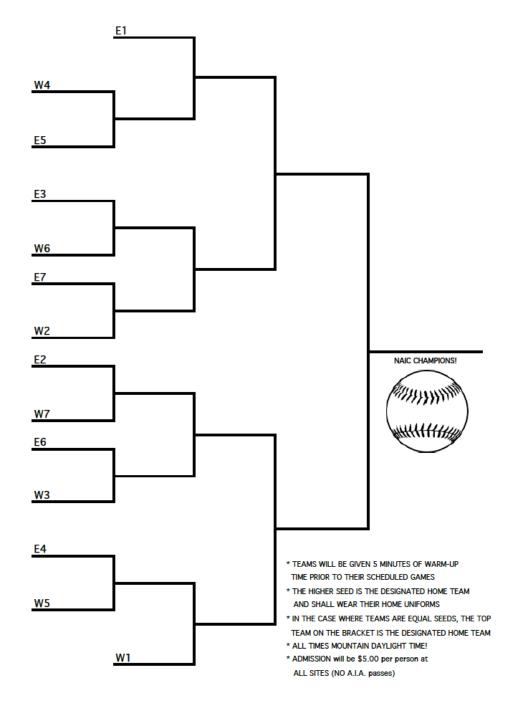
Northern Arizona Interscholastic Conference SOFTBALL CHAMPIONSHIPS Hosted By: TBD



Odd Year Softball Bracket

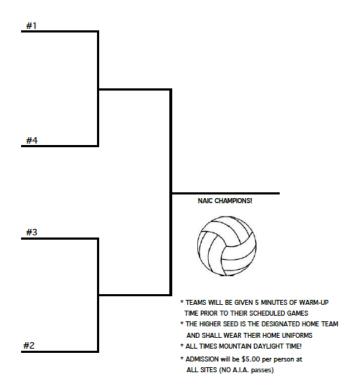


Northern Arizona Interscholastic Conference SOFTBALL CHAMPIONSHIPS Hosted By: TBD



Division II Volleyball Bracket

NORTHERN ÁRIZONA INTERSCHOLASTIC CONFERENCE VOLLEYBALL CHAMPIONSHIPS DIVISION II



Division II Basketball Bracket

NORTHERN ÁRIZONA INTERSCHOLASTIC CONFERENCE BASKETBALL CHAMPIONSHIPS DIVISION II

